

THE BOLD ORANGE (SP) TEMPERAMENT

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Description Of Bold Oranges

Bold Oranges need freedom to act on their impulses, to take immediate action and have an ability to make an impact in the moment. As such, they are also known as **Action Seekers**. A zest for life in the here and now and a desire to test the limits best express their nature. They can't stand being restricted or controlled. They are spontaneous, optimistic and trust their impulses to lead them in the right direction. They are keen observers of the environment and have a commonsense, hands-on approach to problem-solving.

Bold Oranges enjoy a positive, upbeat partner who will share in their many experiences and adventures. They like living the good life and are constantly making plans for fun-filled adventures. They seem to have realistic expectations of themselves, others, and life, and don't waste energy wishing things were different from what they are. They take what people say at face value and are not particularly interested in figuring out underlying motives or hidden meanings. They just want to live life and experience it to the fullest. They don't need to analyze and understand it.

As a parent Bold Oranges can be enthusiastic, playful, and expose their children to many adventures. They give their children freedom and autonomy and respect their individual wishes and desires. They just want their children to do something practical with their lives and find work that they enjoy. As a parent they can be overly permissive, nondirective, and fail to provide consistency, discipline, or planning for the future.

As a child and teen Bold Oranges were often too busy doing activities and having fun to take time to sit down and study -- or at least wished they were. They often jump from one thing to another, but can be involved in any activity for an extended period of time if it captures their attention. Because they are risk-takers and enjoy immediate gratification, they sometimes find themselves in trouble when they "leap before they look."

Bold Oranges dislike long lectures and explanations and often shun intellectual pursuits. An action-centered, hands-on curriculum works best for them. They like subjects that are practical, relevant, and immediately rewarding. They like to make work fun and want their career to be stimulating and exciting. They like risk and challenge and respond well to crisis. They especially enjoy using their hands or body, as in sports or with crafts and machines.

Bold Oranges with a strong Extraverting preference (ESTP, ESFP) are more talkative, gregarious, and initiate activities with friends. Bold Oranges who have a strong Introverting preference (ISTP, ISFP) are reserved and more interested in their inner world of thoughts and one-on-one conversations.

Unfortunately, Bold Orange children's natural talents and abilities are often overlooked and undeveloped in schools that use traditional teaching methods. As a result, many Bold Orange children underestimate themselves and suffer from low self-esteem because the sit-down, follow-directions, speak-when-spoken-to school structure goes against their nature. They are sometimes labeled as hyperactive, or as having Attention Deficit Disorder (ADD). Some even drop out and return to school only if they see that an education will be useful and practical in their lives.

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Action Seeker (SP) Characteristics:

- Appreciates Immediate Feedback
- Enjoys Variety, Flexibility, Resourcefulness
- Prefers Non-Structured Environments
- Energetic
- Playful
- Master Negotiator
- Natural Entertainer
- Pushes Boundaries
- Accepts Challenges
- Impulsive
- Spontaneous
- “Just Do It”
- Self-Confident



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How to get along with Bold Oranges

- Appreciate their enthusiasm, optimism, common sense, realism, and ability to deal with crisis.
- Join them in some of their many activities and adventures.
- Give them freedom. Don't try to box them in to too many schedules and routines.
- When making a request, give them choices and alternatives, and then let go of your expectations. Bold Oranges want to do things in their own way, in their own time.
- Don't try to change them or tell them what to do.
- Avoid too much analyzing, processing of feelings, or discussing theories and abstractions.
- Don't overwhelm them with lots of issues. Pinpoint problems you're having and set aside a limited time to discuss them. Sometimes discussions while walking or doing some physical activity are best.

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Tips for Bold Oranges

- Develop persistence and follow-through in order to gain a sense of completion and accomplishment.
- Beware of your tendency to take shortcuts.
- Finish what you start and see your efforts pay off before you move on to new challenges.
- Avoid making too many quick decisions.
- Spend time considering what is important to you in order to become clear about your goals and priorities.
- Beware of the tendency to distract yourself with activity to avoid problems. Better to address issues as they come up than to let them accumulate.
- Remember the promises you made yesterday.
- Curb the impulse to deal only with immediate problems instead of the less exciting but nonetheless important ones.
- Learn to enjoy the deeper and quieter aspects of life, not just the highs and excitements.

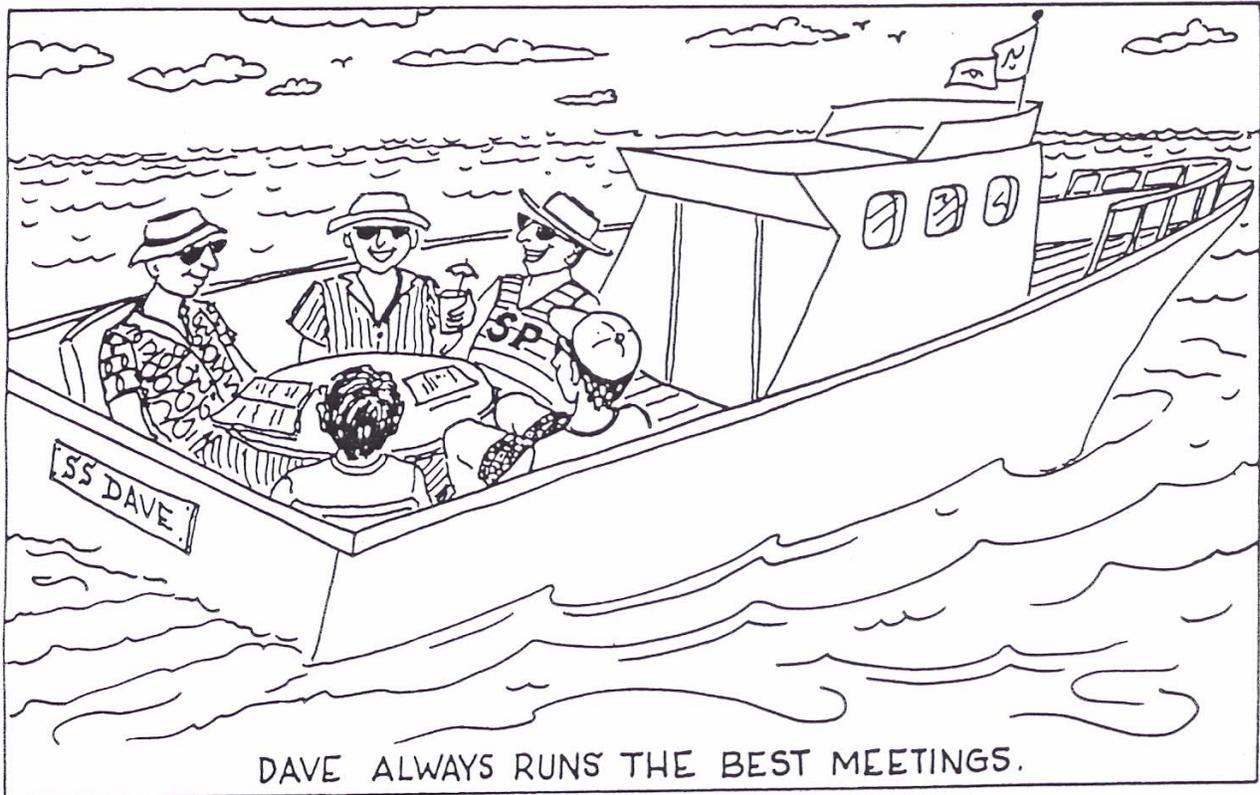
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Core Needs of Bold Oranges

Freedom to Act on Impulses: To understand Bold Oranges, you really must grasp the nature of being impulse driven. This does not mean that they are totally impulsive and irresponsible. It does mean that well-functioning Bold Oranges have managed to arrange their lives in such a way that they get to respond to impulses. These impulses are not just about fun or zany things; they often form the basis for exceptional problem solving. These impulses build inside them, and given that impulses do not last long, there is a tremendous urge to act on them. Bold Oranges trust these impulses, and when all is going well, these impulses serve them well. When the impulses are no longer there, or when they have too many restrictions, Bold Oranges suffer incredible stress and say they feel bored or empty.

Ability to Make an Impact: Many of us want to have an impact, but the need for the Bold Orange to elicit an immediate response from others is stronger and more concrete (here and now) than for the rest of us. This need for impact also shows in the drive to action to get a result.

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Action Seekers: SP Temperament

NEEDS: (1) Freedom to act on impulses
(2) Ability to make an impact

VALUES: (1) Aesthetics
(2) Immediate Adventure
(3) Action
(4) Performance with Skill
(5) Variety
(6) Fraternal Relationships
(7) Excitement and Stimulation

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Bold Orange Innate Values

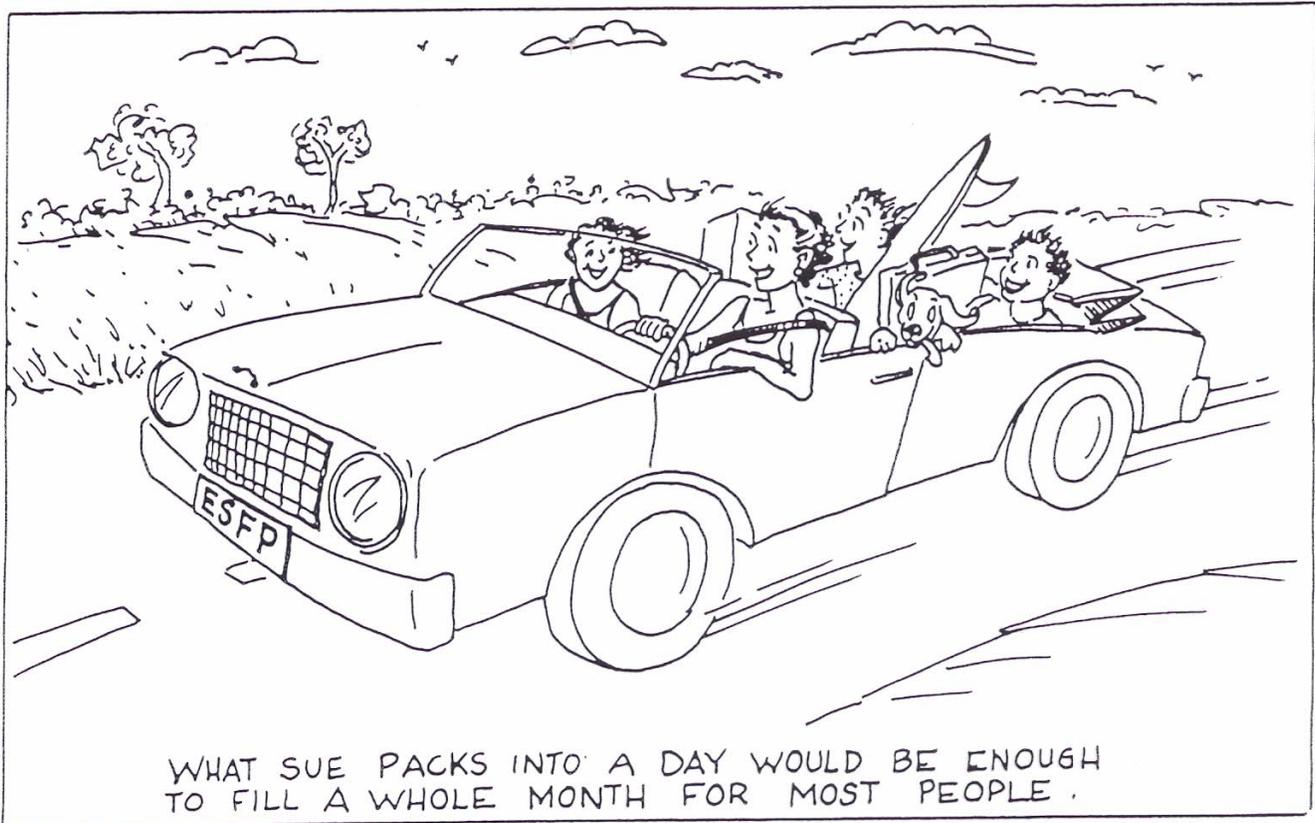
An appreciation of **Aesthetics**, the sensuous beauty of the immediate experience, captures an essential aspect of this temperament. Bold Oranges value **Variety**, which is the essential aspect of art. The influence of their core needs shows in their drive to **Action** and love of **Excitement** and **Stimulation** and **Immediate Adventure**. Whatever they do, they want to **Perform** with **Skill** and appreciate skill in the performance of others as well. The relationships they seek are **Fraternal** – camaraderie with equals.

What follows are just some of the inborn, intrinsic values of Bold Oranges. They are especially important to keep in mind when looking for work that will be most fulfilling.

- Action and activity
- Adrenaline rush
- Adventure
- Aesthetics
- Artistic creativity
- Beating the odds
- Camaraderie
- Change
- Competition and challenge
- Convenience
- Energy
- Entertainment
- Excitement
- Fast pace (but keep it fun)
- Flexibility
- Freedom and mobility
- Fun
- Generosity
- Gracefulness
- Hands-on experiences
- Humor
- Independence
- Joking around
- Living each moment as it comes
- Negotiating a deal
- Optimism
- Physical challenge
- Playfulness
- Pleasure
- Profit
- Rush of feeling alive
- Seizing opportunities
- Skillfulness
- Spontaneity
- Tangible rewards for efforts
- Variety

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Action Seeker (SP) Values

Action	Excitement	Optimism
Adventure	Fast pace	Physical challenge
Aesthetics	Flexibility	Playfulness
Artistic creativity	Freedom	Pleasure
Camaraderie	Fun	Profit
Change	Generosity	Skillfulness
Competition	Gracefulness	Spontaneity
Energy	Humor	Thrill-seeking
Entertainment	Independence	Variety

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Typical Annoyances and Stressors for Bold Oranges

- Boredom
- Bureaucracy
- Criticism
- Deadlines and tight schedules
- Inflexible people
- Lack of freedom
- Lack of humor
- Lack of options to choose from
- Lack of sex
- Nagging
- Negativity and pessimism
- Paperwork
- Predictable routines
- Serious, uptight people
- Sticklers for following rules
- Theoretical speculation
- Too much long-term planning
- Traffic
- Unbending rules
- Unnecessary routine
- Waiting

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Typical Bold Orange Roles

Operator or Maneuverer: Bold Oranges are often found in these roles in relation to people or machines; with people there is an element of persuasion. These roles require that they define the relationship and be more directive. In these roles, they might run a business, troubleshoot problems, train others, maneuver bills through Congress, operate equipment, and so on.

Player or Performer: These roles are more informative and allow for the tremendous talent of the Bold Orange in creating variations on a theme. Take the meanings in a general sense and notice how Bold Oranges, especially Informing Bold Oranges, make a performance out of anything.

Troubleshooter/Negotiator: To troubleshoot means to "read" a situation and see an opportunity or a solution to a problem. It requires a here-and-now focus and an ability to improvise. Negotiation requires reading very slight nonverbal cues to know just what someone is willing to give and then getting the two sides to agree.

Crisis Manager: Bold Oranges are usually quite adept at managing a crisis, even though some don't like crises. A crisis provides the opportunity to use their talents. It meets their needs and values of responding to impulses, excitement, and stimulation and making an impact.

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Typical Bold Orange Skills

Tactics: This means skillful management for a desired result. Tactics are an immediate action to achieve a desired end. It requires reading the immediate situation and making instant decisions in line with an objective. (Note that many people do not think of Bold Oranges as decisive, but they can be very decisive.)

Variation: This is the ability to vary something while keeping its essence the same. Bold Oranges are masters of the free variable. It is nearly impossible for them to not vary things.

Contextual Thinking: Bold Oranges tend to reference everything to the present context. This tendency allows them to see the relevance of things, how they fit, and to notice when something is awry. Bold Oranges prefer to learn in the applied context and tend not to like learning in the abstract.

Promote: This refers to the ability to see what someone's interest is in something or what someone's self-serving interest might be. Bold Oranges do this especially well as they "read" very slight nonverbal cues.

Adapt: This is to make small adjustments to make something fit. Bold Oranges do this themselves as well as with objects and situations.

Perform: This means to do, to get things done. Given their core need to have impact, Bold Oranges are skilled at making even the most mundane act a performance.

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Typical Bold Orange Behaviors

Impact Centered: Much of the behavior of Bold Oranges is centered around creating an immediate impact, to see people's eyes light up or get a result from their actions.

Seizing Opportunities: Constantly reading behaviors and situations, Bold Oranges often see opportunities others are not aware of.

Epicurean: This refers to a love of pleasures of the senses. Bold Oranges want things to taste good, smell good, feel good, sound good, and look good. Sometimes neatness is about this aesthetic sense.

Spontaneous: Bold Oranges are responsive to immediate situations and needs or even the impulse of the moment.

Restless: When there is a drive for action but waiting is called for, restlessness results. This may take the form of some kind of movement.

Entertaining: Very often Bold Oranges love to entertain with their performances from flamboyance to a quiet remark that makes people laugh.

Impulsive: Bold Oranges are so quick to read the needs of a situation, their behavior looks more impulsive than it may be.

Present Orientation: Bold Oranges are oriented to the here and now. This orientation is clearly related to the need for freedom to act on impulses as impulses only occur in the present.

Fast Reacting: Bold Oranges frequently react instantly to stimuli or circumstances.

Risk Taking: Where else would you find excitement and stimulation? Also, when you trust your impulses, you may not perceive situations as full of risk. The perception of risk may be in the eye of the beholder.

Improvising: To compose or perform on the spur of the moment, without any preparation. This also means making do with what is at hand and making up or creating an adaptation.

Cynical: The basic stance of the Bold Orange is cynicism. This is an astute ability to recognize that people do things for their own benefit and therefore to automatically question the altruism or goodness of their motives.

Stories: Bold Oranges communicate best with stories since stories entertain, have impact, are concrete and contextual. Anecdotes bring abstract material to life and instill it with action.

Colloquial Language: Bold Oranges tend to be on the cutting edge with their language. It, too, is contextual. They are such masters at variation that they vary language in such a way that they create the current buzzword of the day.

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Bold Orange Innate Gifts and Talents

These are just some of the inborn, intrinsic gifts and talents of Bold Oranges. They are especially important to keep in mind when looking for work that will be most fulfilling.

Assembling – fitting the parts of something together to make a finished whole.

Coaching – training someone how to improve their performance by way of instruction and/or demonstration.

Competing – doing something with the intent of outperforming another or others.

Constructing – building or assembling something by using your hands, tools and/or equipment.

Dancing – performing rhythmic bodily movements, sometimes putting on a performance.

Daring – showing courage combined with a willingness to take calculated risks or attempt difficult things.

Displaying – creatively arranging things in an eye-catching or beautiful way (as in an exhibit).

Drafting – drawing or making a preliminary plan or sketch of something.

Entertaining – performing for others in a comical, amusing, interesting, and/or enjoyable way.

Exciting – being able to rouse people up

Farming – using land for growing crops and/or rearing animals for sale.

Gardening – cultivating a plot of earth or ground with plants, herbs, fruits, flowers or vegetables.

Illustrating – providing explanatory or decorative pictures to accompany printed, spoken or electronic text.

Impacting others – making yourself felt as a presence, making your mark (such as closing a big deal or scoring the winning goal or even shocking people).

Manipulating – operating, using or handling something skillfully (especially using hands or tools).

Manufacturing – using hands or machinery to make something into a finished product from raw materials.

Marketing – promoting and/or advertising a product or service in such a way as to make a potential customer eager to buy.

Negotiating – attempting to come to a mutual agreement on something through discussion and compromise (often involves getting past an obstacle or problem to make a deal of some kind)

Operating vehicles – skillfully driving delivery trucks, taxi cabs, busses, limousines, construction vehicles, etc.

Performing – presenting or enacting an artistic work to an audience for the pleasure of it

Persuading – successfully convincing someone to take a particular action that you want them to take

Promoting – publicizing a product or service so that people will want to buy it, rent it, or do it people to see the value of an idea, person, activity or cause

Public speaking – effectively informing, motivating and/or inspiring large groups of people with oratory skill.

Repairing – skillfully restoring or mending something that's broken or damaged.

Responding to emergencies – being quick-thinking, even-keeled, and level-headed in emergency situations.

Risk taking – throwing caution to the wind; placing something of value in a position where it could be damaged or lost (or exposed to damage or loss).

Selling – exchanging a service or product for something else (usually money)

Troubleshooting – identifying and eliminating problems, difficulties, or faults.

Wielding tools – adroitly operating, managing, or handling tools to perform work.

Working under pressure – being able to not only keep your cool but actually thrive and come alive when the pressure is on to achieve.

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Action Seeker (SP) Natural Gifts & Talents

Assembling things	Manufacturing
Carving	Marketing
Coaching	Negotiating
Competing	Operating tools
Constructing	Operating vehicles
Dancing	Performing
Displaying things	Persuading
Drafting	Promoting
Entertaining	Public Speaking
Gardening	Repairing
Illustrating	Responding to emergencies
Influencing others	Risk taking
Manipulating	Selling

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Career Satisfaction for Bold Oranges

I believe everyone on Earth would be most happy making a contribution to society in a way that expresses his or her own unique nature. Each of the four temperaments has its own unique set of innate core needs, values, gifts, and talents. Understanding your inborn, basic nature (i.e. temperament) can help facilitate your choice of career. We all know that there are numerous factors that affect career choice but understanding and fulfilling the innate desires of your temperament is one of the most important factors to satisfy for optimum health and happiness.

There are four Myers-Briggs types that are Bold Oranges. They are: **ESTP**, **ESFP**, **ISTP**, and **ISFP**. You will notice that all of these Myers-Briggs types have the letters "**SP**" in common. **S** stands for **Sensing** and **P** stands for **Perceiving**. Having sensing dominant, Bold Oranges have keen senses, look for concrete/tangible results for their efforts, notice what's going on around them, search for adventure, and seek out pleasure and stimulation. Having perceiving dominant, Bold Oranges like to be spontaneous, unstructured, and make decisions at the last possible moment so they can keep their options open as long as possible. Although ESTPs, ESFPs, ISTPs, and ISFPs are different in many ways, they all have in common innate gifts and talents related to their shared Bold Orange temperament.

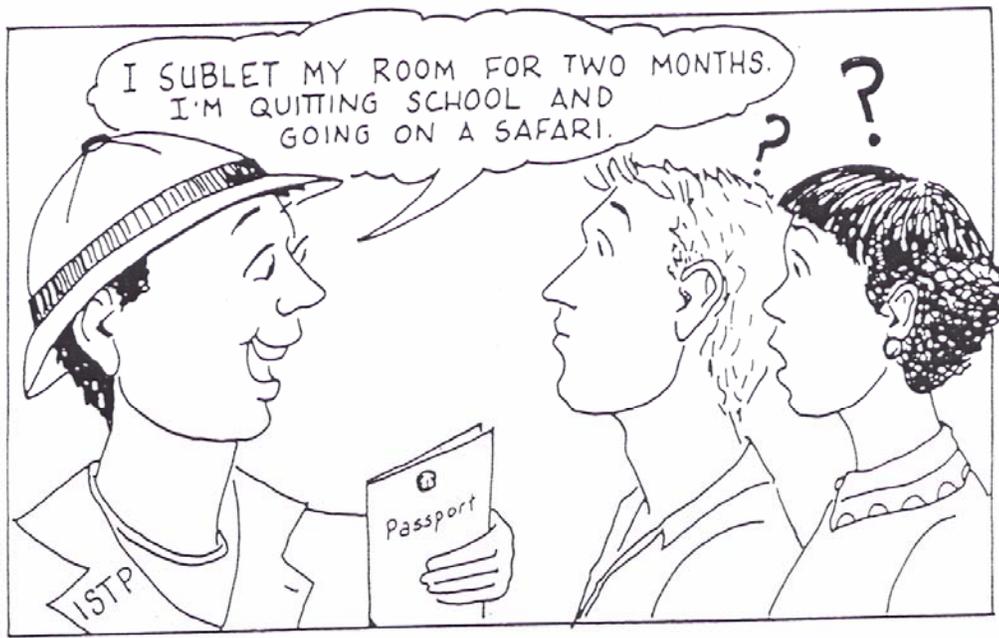
Bold Oranges are characterized by their inborn ability for artful action, meaning they instinctively come up with just the right move or response at just the right time. They like to be free to make spontaneous moves that get them quick, concrete, effective results. Bold Oranges are daring, playful, generous, impulsive and optimistic. They want to perform gracefully, fluidly, and artistically at whatever they do and they are always looking to enjoy themselves! Like Solid Golds, Bold Oranges focus on the here and now and trust concrete information that they take in via their senses. That is to say, they trust what is more than what could be. Like Deep Greens, they act as efficiently as possible and do whatever it takes to achieve their objectives, circumventing rules and conventions if necessary.

What follows are some of the appealing majors and careers for Bold Oranges. If you also look at the types of careers most suited to you from astrology, numerology, the Enneagram, the Myers-Briggs system, the aura color system, and multiple intelligences you will see a recurring theme identifying your greatest career potential.

So, if Bold Oranges look for adventure and excitement as well as tangible results for their efforts AND like to be spontaneous, what types of careers do you think would be appealing to them? Let's take a look! Below is a list of careers, grouped into different career paths, that are most often appealing to Bold Oranges.

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Appealing Bold Orange Majors



Appealing Action Seeker (SP) Majors:

Marketing
Fire Science
Auto Mechanics
Air Traffic Control
Real Estate
Radio & TV
Dance
Travel
Construction Engineering
Mining Engineering
Physical Education
Interior Design

Theater
Athletic Training
Physical Therapy
Exercise Physiology
Music Therapy
Recreational Leadership
Cosmetology
Vocational Arts
Radio & Film
Technology
Media
Art/Design

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Appealing Bold Orange Careers

Trades/Technical Careers/Service: Bold Oranges find the following occupations appealing because they offer concrete, tangible results and allow them to work with their hands and/or tools and equipment (which they are masters at using).

Bartender
Carpenter
Computer operator
Construction worker
Cook/Chef
Electrician
Engineer
General contractor
Hair stylist
Laboratory technologist

Machine/Equipment operator
Machinist/Metal worker
Mechanic
Plumber
Repairman/woman
Surveyor
Technician (appliance repair – computer service – electrical – electronics – laboratory – sound)
Waiter/waitress

Sports/Recreation: Most Bold Oranges love sports and most professional sports are full of Bold Oranges because, quite frankly, they make the best athletes of all the temperaments. They have excellent hand-eye coordination, perform well under pressure (they love to win against the odds), have split-second reaction time, and have great spatial awareness.

Aerobics/fitness instructor
Athletic coach
Choreographer
Dancer
Jockey

Professional athlete (Most extreme sports athletes are Bold Oranges)
Recreation leader or worker
Sports agent (for professional athletes)
Sportscaster/announcer

Creativity/Artwork/Beautification: Bold Oranges have been called Artisans for good reason. They have a great eye for beauty (and enjoy keeping themselves beautiful/in style), great skill with tools and instruments, and often have very good visual/spatial intelligence which allows them to be superbly creative, imaginative, and artistic.

Artist
Beautician/Hair stylist
Caricaturist
Cartoonist
Commercial artist
Composer/Songwriter
Cosmetologist
Designer
Event creation coordinator
Fashion/Costume designer
Fashion model
Film or stage director/producer

Graphic design artist
Illustrator
Independent video producer
Interior decorator/designer
Jewelry maker
Painter
Photographer
Playwright/novelist/poet
Sculptor
Set designer (film – stage – retail store)
Studio sound mixer
Voice-over artist

Education and Social Service: Bold Oranges with True Blue as a strong second temperament color are often drawn to the helping, teaching and counseling professions.

Child-care worker
Counselor (especially alcohol/drug addiction)
Dance and movement therapist
Mediator
Probation officer

Social worker
Teacher (especially drama – dance – preschool and elementary school – physical education – special education – industrial arts)

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Entertainment/Center of Attention: Bold Oranges love to enjoy life and be where the action is; at the center of things. Many enjoy being in the spotlight or putting on a show for others. Since they love adventure and excitement as well as being graceful, artistic, and spontaneous, it is no wonder that the entertainment industry is full of Bold Oranges.

Acting coach	Mime
Actor/Actress	Musician
Announcer (radio – television)	Newscaster
Auctioneer	Performer
Clown	Public speaker
Comedian/Comedienne	Puppeteer
Disc jockey	Singer/Dancer
Film producer	Social director
Magician	Talk show host

Sales/Marketing/Business/Politics: Most Bold Oranges are fun-loving, playful and “read” people very well. They also love negotiating and winning and will do whatever it takes to achieve their goal. Many also have the gift of gab so it is not surprising that most salespeople and marketers are Bold Oranges.

Advertising executive	Politician
Concert promoter	Promoter
Contract negotiator	Publicist
Corporate recruiter	Public relations (PR) specialist
Fundraiser	Restaurant consultant
Labor relations specialist	Sales representative (especially advertising – health care – retail – sports equipment – travel)
Lobbyist	Sales force trainer
Management consultant	Show business producer
Marketing specialist	Special events coordinator
Media relations executive	Talent agent
Merchandise planner	
Party planner	

Travel and Transportation Services: Because Bold Oranges crave adventure, excitement, freedom, activity and flexibility of schedule they are often drawn to the travel or transportation industry.

Cruise director	Transportation operator (especially bus – taxi – truck. Many delivery drivers are Freedom and Fun seekers)
Flight attendant	Travel agent/consultant
Pilot (plane – helicopter)	
Tour guide	

Risky Jobs/Civil Service/Emergency Response: Some Bold Oranges are drawn to jobs that are exhilarating, dangerous, and require split second thinking and reactions. Many are drawn to civil service or emergency response work because it provides them with an opportunity to serve others (Bold Oranges can be very generous with their time and talents) as well as solve immediate problems (Bold Oranges like immediate, tangible results).

Emergency response worker (such as an emergency medical technician or paramedic)	Military serviceman/woman or officer
Detective	Photojournalist (can be risky)
Firefighter	Police officer
Forest ranger	Private investigator
Hunter	Racing car driver
Lifeguard	Secret service agent (e.g., CIA – FBI)
	Stuntman/woman

Law: Bold Oranges with a strong Deep Green aspect to their personality are often drawn to law.

Attorney/Lawyer	Paralegal
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Health Care: Bold Oranges are generous by nature and like to see the immediate impact of their work. Depending on other aspects of their nature, they are often drawn to professions that require their practical help and/or their skillful use of tools/instruments.

Chiropractor
Critical care nurse
Dental assistant
Home health aid
Massage therapist
Medical assistant
Nurse
Nutritionist/Dietician
Occupational therapist

Optometrist
Physical therapist
Physician
Radiological technologist
Respiratory therapist
Surgeon
Veterinarian
Veterinarian assistant
X-ray technician

Finance: Some Bold Oranges see money as their ticket to freedom so they focus on it. It is also tangible and some of the following occupations have the added bonus of being exciting or even risky!

Auditor
Economist
Financial analyst
Financial planner
International financier

Investment analyst/strategist
Investor
Securities analyst
Stockbroker
Venture capitalist

Real Estate/Mortgage: Real estate is a big draw for Bold Oranges because: (1) skills come from hands-on training, (2) it offers some freedom, flexibility of schedule and variety, (3) they get to employ their negotiations skills, and (4) there is potential to make a lot of money from "deals."

Mortgage broker/loan officer
Property manager
Real estate agent

Real estate appraiser
Real estate broker
Real estate developer

Professions relating to Animals, Land, or Nature:

Animal groomer or trainer
Botanist
Farmer
Forester
Forest ranger
Gardener

Geologist
Landscape
Marine biologist
Park ranger
Veterinarian
Veterinarian assistant

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