Mental Tan – A Mental Aura Color

(Mental tan is a very light colored tan that encircles a person's body)

- Consistent, meticulous, detail-oriented, methodical, traditional, conservative & perfectionistic
- Like to follow a step-by-step process; logical, sequential thinkers
- Must see the proof and logic behind everything
- Need data and facts before making decisions
- Check and re-check their work to make sure it's right; resent being rushed
- Tend to keep their feelings and thoughts to themselves; don't like to talk about emotions
- Like to follow a regular routine (provides them with a sense of security); not risk takers
- Positively, they can be tremendously reliable; negatively, they can get stuck in a rut
- Calming, stabilizing and grounding to others; have patience to take care of details
- Enjoy working with mechanical or electronic devices (computers, appliances, etc.)
- Can speak slowly and carefully, not wanting to omit any detail
- Make excellent, hard working employees who are efficient and follow the rules
- Don't like change; prefer the status quo
- Make caring and considerate partners but not too demonstrative or passionate
- Good providers for their family; can be pack rats
- Practical with money and careful spenders; choose safe and secure investments
- Like structure, order and good behavior in their home; like following social protocol
- Can be considered slow learners but they are just careful and methodical
- Need tangible results to feel successful
- **Famous Examples:** Tommy Lee Jones (Mental Tan/Violet), Mike Brady on the TV show *The Brady Bunch* and Ward Cleaver on the TV show *Leave It to Beaver*.

The **Life Purpose** of someone with the primary color of Mental Tan is to do what they do naturally – calculate, analyze and work with the concrete details of reality to provide security and stability for all.

The **Basic Fear** of someone with the primary color of Mental Tan is the fear of being rejected for making a mistake and being thought of as incompetent or stupid. They also have a fear of change, risk, or something going wrong.

Mental Tans are logical, methodical, hard working and detail oriented. They are drawn to safe, secure, analytical jobs where they can calculate, analyze, or work with details. Typical Mental Tan occupations include the following:

- Accountant
- Administrator
- Appliance repair person
- Architect
- Attorney
- Bank teller
- Banker
- Bookkeeper
- Business man or woman
- City planner
- Civil service worker
- Computer analyst
- Computer programmer
- Computer repair person
- Court reporter
- Data entry processor
- Dentist/dental hygienist
- Electrician
- Electronics expert
- Engineer
- Factory assembly worker
- Financial advisor/planner
- Inventory control expert

- Investment consultant
- Lawyer
- Librarian
- Mathematician
- Middle manager
- Military personnel
- Paralegal
- Purchasing agent
- Office clerk
- Quality control expert
- Radiological technician
- Real estate transaction coordinator
- Repairperson
- Researcher
- Scientist
- Secretary
- Surveyor
- Systems analyst
- Teacher
- Technical advisor
- Technical salesperson
- Technician

Typical Mental Tan/Yellow Occupations

- Actor
- Architect
- Botanist
- Carpenter
- Chef
- Computer programmer
- Dentist
- Designer
- Doctor
- Draftsman

- Electrician
- Engineer
- Farmer
- Graphic artist
- Hairstylist
- Health inspector
- Home inspector
- Maintenance worker
- Massage therapist
- Mechanic

- Medical technician
- Musician
- Park ranger
- Pilot
- Plumber
- Postal worker
- Technician
- Writer

<u>Typical Mental Tan/Green Occupations</u>

- Accountant
- Banker
- Civil servant
- Employee in a large business
- Executive
- Government office worker
- Insurance agent
- Investment consultant
- Researcher
- Tax analyst

What Mental Tans enjoy spending their work time doing:

- Collecting, managing, organizing and processing data
- Appraising/evaluating
- Attending to detail
- Accounting
- Keeping records
- Working with numbers/figures
- Investing and financial planning
- Conducting financial analyses
- Setting up procedures/systems
- Developing and testing computer applications
- Managing time/prioritizing
- Preparing statistical summaries
- Preparing taxes
- Writing business reports
- Preparing agendas and schedules
- Managing and ordering inventory
- Making charts and graphs
- Planning budgets for contracts, equipment and supplies