

## **Born on the 1<sup>st</sup> of Any Month** (the number 1 influences you)

**Keywords: Originality • Independence • Initiative • Courage • Confidence**

### **Potential Talents** (positive, balanced number 1 energy)

- Individualistic, self-reliant, ambitious
- Leader, pioneer, executive ability
- Original, progressive thinker
- Independent-minded, authoritative
- Self-confident, self-motivated
- Action and goal-oriented
- Determined, dynamic, persevering
- Mentally creative, inventive
- Visionary, mental foresight, quick mind
- Both practical and idealistic
- Hard working, enterprising
- Daring, bold, courageous
- Tremendous willpower
- Great potential for achievement
- Desire to be the best, stand out as #1
- Strong sense of self
- Strong opinions, beliefs, convictions
- Good at solving problems

### **Potential Liabilities** (overbalanced, excessive number 1 energy)

- Overly ambitious, competitive
- Mind is restless and frenzied
- Insecure but opinionated and defensive
- Excessive desire for independence
- Self-centered, egotistical, boastful
- Stubborn, hard-headed, inflexible
- Dominant, aggressive, bossy
- Can be sensitive but rarely show feelings
- Impatient, little patience for detail
- Problems with addictions
- Get frustrated without quick progress
- Like to do things own way and prefer little input from others
- Jealous
- Possessive
- Better at initiating than continuing

### **Potential Liabilities** (underbalanced, deficient number 1 energy)

- Lack of drive to follow own ambitions
- Indecisive, lazy, shy or too dependent
- Lack self-confidence and self-assurance
- Too easily influenced by others, submissive
- Inhibited, repressed creative energy
- Have difficulty standing up self
- Lack of willpower and inner strength
- Fear standing out, being original

**Please keep in mind there are many other influences! The birthday number is just one of them!**