## The English Alphabet Letters

- "A" (+) Mental, creative, inspired, original, independent, progressive, adventurous, strong-willed, energetic, leadership qualities, ambition. (-) Headstrong, opinionated, aggressive.
- **"B"** (+) <u>Emotional</u>, self-contained, sensitive, sympathetic, sentimental, often psychic, cooperative. (–) Love seeking, shy, needs encouragement, moody, lives in its emotions, subservient, <u>vacillating</u>.
- **"C"** (+) <u>Intuitive</u>, expressive, may be psychic, joyous, <u>balanced</u>, friendly, sociable, sensitive, verbal, creative, spontaneous. (-) Oversensitive, may scatter energy, overspend, indulgence.
- **"D"** (+) <u>Physical</u>, efficient, practical, hard-working, <u>balanced</u>, organizer, doer, self-disciplined, serious, builder, down-to-earth. (–) Rigid, self-contained, shows little emotion, can be spiritually unaware.
- **"E"** (+) <u>Physical</u> but mental/scientific also, <u>inspired</u>, helpful, practical, progressive, learns well from experience, adventurous, adaptable, energetic, inventive, lover of change, travel, freedom, excitement. (–) Lacks follow through, restless, impulsive, changeable, marriage can be difficult if too restless/changeable.
- **"F"** (+) <u>Intuitive</u>, responsible, affectionate, protective, self-sacrificing, family-oriented, sensitive, desire to right wrongs, feels others' pain. (–) <u>Overly responsible</u>, uncertain/vacillating, over-emotional, depressed, interfering, worrisome, nagging, needs so much affection.
- "G" (+) Mental, balanced, introspective, meditative, analytical, philosophical, thinks deeply/clearly, much willpower, excels at study, research, investigation. (–) Aloof, secretive, lost in dreams, inexpressive of feelings, critical, solitary, opinionated, brooding, depressed.
- **"H"** (+) <u>Mental</u>, executive ability, business acumen, very hard-working, good judgment/perception of people, strong desire for financial freedom, influence, leadership. (–) Overwhelming desire for status/recognition/power/money, impatient, <u>vacillating</u> mind causes strain.
- **"T"** (+) Emotional, inspired, creative, extremely deep/intense feelings, strong desire to serve humanitarian needs, energetic, self-sacrificing, idealistic, artistic, empathetic. (–) High strung emotions, erratic, oversensitive, wild fluctuations in temperament, murderous.
- "J" (+) Mental, original, innovative, ambitious (in quiet way), excellent ideas, desire to lead (especially for a cause), broad perspective (ability to see all sides of an issue/different points of view). (-) Indecisive, difficulty starting, may vacillate and not finish what's started.
- **"K"** (+) <u>Intuitive</u>, receptive to others' feelings/needs, <u>inspirational</u>, creative, inventive, idealistic, receptive to spiritual awareness, helpful, affectionate, charismatic, good at detail work, high potential for achievement. (–) Nervous tension, elitist, temperamental, over-emotional.
- **L**" (+) <u>Mental</u> but sensitive, friendly, sociable, <u>balanced</u>, creative, verbal/communicative (originality with words, writing is forte), slow sure reasoned mentality, good powers of analysis/reasoning, all experiences are reviewed mentally. (-) Takes on more than it can handle.
- "M" (+) <u>Physical</u>, practical, <u>balanced</u>, hard-working, self-disciplined, strong-willed, serious, steady, thorough, efficient, finishes what is started. (-) Inexpressive, emotionally detached, repressed feelings (difficult to get to know), stubborn, some can be undisciplined and lazy.
- "N" (+) Mental, imaginative but strong mentality, good at analysis, adaptable, adventurous, works extremely well with others, sociable. (–) Restless, vacillates between several points of view, constant need for excitement/variety, promiscuous, fails to learn from experience.
- **"O"** (+) <u>Emotional, inspirational,</u> deep feelings, family-oriented, extremely responsible, giving and service-oriented, creative, artistic, loves beauty, conservative, traditional. (–) Overwhelmed by responsibility, worrisome, brooding, holds things inside (self-contained).
- **"P"** (+) <u>Mental</u>, introspective, deep thinker, philosophical, desire for intellectual perfection, excels at study, research, investigation, analysis. (-) <u>Vacillating</u>, feels deeply but is inexpressive of feelings, secretive, often lacks willpower, atheistic/agnostic or very spiritual.
- "Q" (+) <u>Intuitive</u>, superior mentality/leadership ability/business acumen (or just the opposite), independent, unique personality, sensitive, original, potentially powerful/influential. (-) <u>Vacillating</u>, unstable, erratic, unusual, eccentric, impatient, greedy for wealth/status/power.
- **"R"** (+) Emotional, inspirational, selfless, understanding/compassionate/tolerant, high-powered self-starter, desire to serve humanitarian needs, idealistic. (–) Over-emotional, impractical (due to idealism), easily taken advantage of by unscrupulous people.
- "S" (+) Emotional (the most emotional of all the letters), very creative, financial success from original ideas, dramatic flashes of insight, ambitious, independent, courageous. (-) Vacillating, erratic extremes of emotion affect clear thinking, refers every experience to the self.
- **"T"** (+) <u>Emotional</u>, spiritual, self-sacrificing, sensitive, affectionate, imaginative, cooperative, can be psychic, enjoys close relationships, works well with others. (–) <u>Vacillating</u>, strained and high-strung emotions, may be subservient, full of self-pity/anxiety, depression likely.
- "U" (+) <u>Intuitive</u>, very conservative yet friendly/sociable, artistic/creative (conservatively), good with words, sensitive, aware of others' feelings, idealistic. (-) <u>Vacillating</u>, indecisive, scattered, strong emotions, attracts loss and peculiar experiences if spiritual side is ignored.
- "V" (+) <u>Intuitive</u>, <u>balanced</u>, receptive to <u>inspiration</u> and spiritual revelation, master builder, visionary (can envision ideas and materialize them), very hard-working, self-disciplined, serious, thorough, practical, can be inventive/poetic/artistic/scientific (–) High nervous tension.
- "W" (+) Physical, powerful, adventurous, great verbal skills, good at selling/promoting, curious/enjoys new experiences, works extremely well with others. (-) Restless, vacillates between several points of view, need for excitement/variety/sex, can be explosive/erratic at times.
- "X" (+) Emotional, extremely responsible/self-sacrificing (often for family but possibly for the masses), very protective and caring, can symbolize spiritual leadership. (–) Vacillating, extremely emotional, karmic, life full of crises/turmoil/emotional upheavals, can self-pity.
- **"Y"** (+) <u>Intuitive</u>, extremely perceptive/keen mind, strong psychic powers (but must learn to trust them), introspective, philosophical, deep thinker, excels at study/research/investigation/analysis. (–) <u>Vacillating</u>, uncertain, feels deeply but is inexpressive of feelings, secretive.
- **"Z"** (+) Emotional, extremely inspirational/dynamic energy, self-confident, much willpower, great understanding of human emotions own and others, capable of leadership and material achievement (wealth/recognition/influence). (–) Suffers because of own deep feelings.