

Where should I start?

I would recommend starting with any self-awareness self-assessment you feel drawn to choose first. This is a good exercise in trusting your intuition to choose the right one for you. Notice which system you choose. It is not a coincidence. [The Enneagram Type Self-Assessment](#) will help you discover your core unconscious fear and desire, your subconscious beliefs and the self-image with which you most strongly identify (without considering other systems that is). [The Myers-Briggs Type and Temperament Self-Assessment](#) will help you discover your core needs, values and talents as well as the mental processes that you prefer to use. If you have difficulty making decisions for yourself, either of these systems is an excellent place to start. Ultimately, each of the self-awareness self-assessments will help you understand an aspect of yourself that another self-assessment won't.

You might also want to look at my [Famous People Analyzed](#) section to get an idea of how I synthesize all of this information together, using famous people as examples. I can do the same for you too, if you're interested (see my [Consultations](#) section)!

If you would like to receive a free astrology and a free numerology report via e-mail, like the ones I use in the Famous People Analyzed section, then please take my [Self-Awareness Survey](#). We live in an interdependent world and miracles happen when we work with each other rather than competing against each other. I am asking for your help so that I can help more people in the future. I have only just begun to grasp the far-reaching potential in combining all of these systems together.