

Nurturing Tan – A Mental Aura Color

(Nurturing tan is a light colored tan accompanied by a light, soft, blue that encircles a person's body)

- Nurturing Tan is the bridge color between the mental and the emotional aura colors
- Logical, practical, rational, and analytical yet sensitive, intuitive, and receptive
- Caring, considerate, polite and nurturing; home and family are extremely important
- Often put their family's needs before their own; ultra-responsible "Good Samaritans"
- Wholesome, honest people who treat others with compassion, patience and understanding
- Practical, rational and sensible problem solvers yet thoughtful of other's needs
- Can be quiet, reserved and shy until they find their healthy sense of self
- Usually get involved in their community; they enjoy helping and supporting people
- Security and stability in their job and home are extremely important
- Tend to be emotionally calm and even-keeled; great listeners and counselors
- They believe people are basically good and loving inside, like themselves
- Good at taking care of details and working behind the scenes; efficient and accurate people
- Need to learn to trust intuitive information that comes to them rather than analyzing it
- Very relationship-oriented, family-oriented, and security-oriented; look for similar mate
- Interested in having a traditional, stable, loving family with well-adjusted children
- Able to be calm, composed and very patient with their children
- When insecure, Nurturing Tans can be too nice and lenient; the proverbial "doormat" person
- When secure, Nurturing Tans can get along with just about anyone
- Not financial risk-takers; prefer safe, secure investments
- Prefer low stress, structured jobs where expectations of them are clearly defined
- Last minute deadlines and surprises at work cause them considerable stress
- **Famous Examples:** I don't know any real-life famous examples but [George Bailey](#) in the movie *It's a Wonderful Life*, [Steve Douglas](#) on the TV show *My Three Sons*, [Jessica Fletcher](#) on the TV show *Murder, She Wrote* and [June Cleaver](#) on the TV show *Leave It to Beaver* would be good examples.

The **Life Purpose** of someone with the primary color of Nurturing Tan is to do what they do naturally – love, serve and support their family, friends and community with integrity.

The **Basic Fear** of someone with the primary color of Nurturing Tan is the fear of being considered unhelpful or worthless to others.

Nurturing Tans are very personable and have excellent listening skills. They are most often drawn to practical work that supports or helps people in tangible ways and allows them to work in a low-stress environment. They do not usually choose high-profile jobs unless they are a combination color type with Green or Violet also. Occasionally they will run for public office because of their strong ideals and love for the community but being the head honcho is not usually their forté. Nurturing Tans often do well in jobs that make use of their strong mental and analytical capabilities as well as their human interaction skills. Typical Nurturing Tan occupations include the following:

- Accountant
- Administrator
- Arbitrator/mediator
- Bookkeeper
- Career counselor
- Child-care worker
- City planner
- Coach
- College recruiter
- Community service specialist
- Counselor
- Court reporter
- Daycare provider
- Dentist/dental hygienist
- Educator
- Human resource director or specialist
- Hygienist
- Investigator
- Judge
- Librarian
- Medical worker
- Nurse
- Nutritionist
- Office worker
- Optometrist
- Parent/homemaker
- Principal
- Professional organizer
- Public relations specialist
- Radiologist/radiologic technician
- Real estate agent, developer or planner
- Receptionist
- Secretary
- School administrator
- School advisor
- Social worker
- Teacher
- Therapist
- Trainer
- Welfare worker
- Writer