

Yellow – A Physical Aura Color

- Fun-loving, playful, effervescent, youthful (even childlike), spontaneous and freedom-loving
- When centered they are happy, optimistic, up-beat, positive, friendly, outgoing and generous
- When uncentered they are fickle, undisciplined, lazy, irresponsible and procrastinators
- However, positively, they do have innate ingenuity for simplifying complicated tasks
- Hate conflict – either avoid it, run from it, or make jokes to lighten mood
- Can be shy before they know people
- Look younger than their age
- Love to laugh and get other people to laugh; have a great sense of humor
- Love to please other people; need people to be liked; are sensitive and get feelings hurt easily
- Hate being told what to do; they are rebels
- Have a hard time sitting still; they have a lot of energy running through them; fidgety
- Need to stay physically active to be happy; most Yellows like to exercise regularly
- They have kinesthetic intelligence (inborn knack for movement and motion)
- Make wonderful, sensitive healers because of the enormous energy flowing through them
- The most addictive life color (positively, this is through regular exercise)
- Negative addictions: drugs, alcohol, cigarettes, sex, overeating (especially sweets), caffeine
- Don't like stress and, negatively, try to avoid problems that need dealing with
- Have a fear of abandonment and commitment; can be fickle and changeable in relationships
- Very sexual, passionate, flirtatious and frisky
- Extremely creative and imaginative; occupation must be fun, not hard work
- Positive Yellows are one of the most health conscious and fit of all the aura colors
- Notoriously bad at saving money because they live more in the moment
- When uncentered, can be insecure about their own abilities
- Most Yellows love dogs and most dogs love Yellows
- **Famous Examples:** Ellen DeGeneres (Yellow/Blue), Robin Williams (Yellow/Violet), Jim Carrey (Yellow/Violet), Tim Allen (Yellow/Violet), George Burns (Yellow/Green), Bill Cosby (Yellow/Violet), Jay Leno (Yellow/Violet), Harrison Ford (Yellow/Physical Tan with Violet), Brad Pitt (Yellow/Physical Tan with Violet), Kevin Costner (Yellow/Mental Tan with Violet), Marilyn Monroe (Yellow/Red), Michael Jordan (Yellow/Violet), Will Smith (Yellow/Violet), John Denver (Yellow/Nurturing Tan with Violet), Tiger Woods (Yellow/Violet), Steve “Crocodile Hunter” Irwin (Yellow/Orange with Violet).

The **Life Purpose** of someone with the primary color of Yellow is to do what they do naturally – bring joy to others and have fun in the process.

The **Basic Fear** of someone with the primary color of Yellow is the fear of commitment.

Yellows like variety and want to have fun in their career. They rarely have just one career in their lifetime (unless they are a combination color with the other color being Mental Tan). Yellows are usually drawn to six different areas for careers: (1) creative and artistic professions, (2) healing and health professions, (3) physical labor and trade professions, (4) sports and fitness professions, (5) interpersonal relations professions, (6) travel professions and (7) professions in or working with nature or animals. Typical Yellow occupations include the following:

Creative and artistic professions

- Actor/actress
- Artist
- Beautician
- Chef
- Comedian
- Crafts maker
- Dancer (also fitness profession)
- Designer
- Graphic designer
- Interior designer/decorator
- Musician
- Painter
- Party planner
- Performer/entertainer
- Writer

Healing and health professions

- Acupuncturist
- Chiropractor
- Clergy
- Doctor
- Emergency medical worker
- Energy worker
- Healer
- Holistic health practitioner
- Massage therapist
- Medical worker
- Nurse

- Nutritionist
- Occupational therapist
- Physical therapist
- Physician
- Psychologist
- Religious educator
- Spa worker
- Special education teacher
- Therapist
- Veterinarian
- Worker with the disabled or special needs kids

Physical labor and trade professions

- Auto mechanic
- Construction worker
- Contractors (all kinds)
- Delivery person
- Electrician
- Firefighter
- Landscape maintenance person
- Lifeguard
- Maintenance worker
- Masons
- Postal worker
- Plumber
- Road repair worker
- Surveyor
- Utility repair worker

Sports and fitness professions

- Aerobics/fitness instructor
- Athlete
- Athletic coach
- Bodybuilder
- Dancer (also creative profession)
- Personal fitness trainer
- Recreation leader/worker
- Surfer (professional)
- Volleyball player
- Yoga instructor

Interpersonal relations professions

- Advertising director or agent
- Conference planner
- Event coordinator
- Human resource development specialist
- Life coach
- Manager/supervisor
- Marketer
- Media specialist
- Mediator
- Motivational speaker
- Public relations specialist
- Real estate agent
- Salesperson
- School counselor
- Social worker
- Teacher
- Training and development trainer

Typical Yellow/Tan Occupations

- | | | |
|-----------------------|----------------------|----------------------|
| • Actor | • Draftsman | • Massage therapist |
| • Architect | • Electrician | • Mechanic |
| • Botanist | • Engineer | • Medical technician |
| • Carpenter | • Farmer | • Musician |
| • Chef | • Graphic artist | • Park ranger |
| • Computer programmer | • Hairstylist | • Pilot |
| • Dentist | • Health inspector | • Plumber |
| • Designer | • Home inspector | • Postal worker |
| • Doctor | • Maintenance worker | • Technician |

Travel professions

- Cruise ship worker
- Flight attendant
- Pilot
- Travel agent

Nature professions

- Animal (especially dogs) trainer or groomer
- Animal rescuer
- Botanist
- Conservationist
- Florist
- Forest ranger
- Gardener
- Habitat for Humanity worker/volunteer
- Landscape architect
- Nature tour guide/excursion leader
- Park ranger
- Pet store worker

Other professions

- Bartender
- Consultant
- Entrepreneur
- Food and personal service provider
- Grocery store worker
- Police officer
- Waiter/waitress

- Writer

Typical Yellow/Green Occupations

- Acupuncturist
- Attorney
- Auto garage owner or manager
- Car salesperson
- Chiropractor
- Comedian
- Composer
- Construction company owner or manager
- Doctor
- Entrepreneur
- Health club owner or manager
- Inventor
- Jeweler
- Judge
- Manager
- Musician
- Pilot
- Producer
- Professional athlete (especially individual sports such as body builder, tennis player, golfer, cyclist, etc.)
- Real estate agent
- Restaurant owner or manager
- Sports team owner or manager
- Writer

For those of you that know other systems well I am providing the following table to assist in your understanding of the YELLOW aura color.

The energy of the YELLOW aura color is most like...	in the following system...
Type #7	The Enneagram
ESFP and ENFP	The Myers-Briggs System
The Bodily-Kinesthetic intelligence	The Multiple Intelligences System
The element Fire	Astrology
The sign Sagittarius	Astrology
The planet Jupiter	Astrology
The number 3	Numerology
Vata-Pitta dosha	The Dosha Type System
The Page and Knight of Wands	Tarot
The Sage role	The Michael Teachings
The Jester and the Creator	Carol Pearson's Archetypes System
The " Influence " social style	The DiSC Personality System
The " Sponsor "	Travis Bradberry's Personality Code System
The " Expressive " social style	Bolton and Bolton's Personality System
The " Socializer " social style	Tony Alessandra's Personality System
The " Scintillator "	The "3 Sides of You" System
The " Dramatic " style	John Oldham's Personality System
The Artistic and Social general occupational themes	Strong Interest Inventory