

Everyone evaluates information using THINKING (T) and FEELING (F) but....

The following 8 Myers-Briggs types prefer to evaluate information using FEELING (F):
ENFJ, ENFP, INFJ, INFP, ESFJ, ESFP, ISFP, ISFJ

All “Feelers” (F) Have These Things in Common:

- Strive for harmony and individual validation
- Are sympathetic and tender-hearted
- Are empathetic, compassionate and accepting
- Assess decisions according to their personal values
- Care about the impact of their decisions on people
- Can take criticism very personally and have been accused of being too sensitive
- People tend to seek them out for their warmth, caring
- Believe that it is important to be tactful as well as truthful
- Are good at appreciating others and like to be appreciated and approved of by others
- Like to talk about interpersonal relationships
- Naturally will sympathize with your problem

But, Some Feelers Prefer:

Extraverted Feeling

and others prefer.... **Introverted Feeling**

(Dominant Function for ENFJ and ESFJ)

(Dominant Function for INFP and ISFP)

- Outward and active (**Extraverted**) focus on bringing order to the *objective* (outer) world through building and seeking harmony with others and alignment with openly expressed values.
- Are highly attuned to people and act to fulfill others' expectations
- Organize and structure their environment to meet people's needs
- Express their views/values with persuasive eloquence
- Exude warmth, concern, caring, interest
- Approach life in terms of relationships – want to create harmonious and supportive interactions with everyone around them
- **GOAL:** To create harmony and cooperation in their external environment; to facilitate others in getting what they need and want.

- Inward and reflective (**Introverted**) focus on the *subjective* (inner) world of deeply felt values that seeks harmony through alignment of personal behavior with those values.
- Are highly attuned to contradictions between their inner values and outer lives
- Influence their environment by quietly supporting others' needs and values and living by example
- Seldom express their inner convictions and values
- Are reserved; share only with like-minded people
- Approach life in terms of carefully developed values – want to create space and support for living in accordance with their values
- **GOAL:** To develop their internal core of values, establish an external life congruent with them, and help individuals and humankind fulfill their potential.

ENFJ

The “**Educator/Mentor**” (NF Temperament)

- Empathetic, expressive, enthusiastic, warm, helpful
- They are at their best when responsible for winning people's cooperation with insight into their needs
- Value encouraging possibilities/potential in people
- Use *Introverted Intuition* to develop innovative ways for people and groups to realize their potential

ESFJ

The “**Facilitator/Caretaker**” (SJ Temperament)

- Orderly, sociable, enthusiastic, pragmatic, helpful
- They are at their best when responsible for winning people's cooperation with personal caring and practical helping
- Value responsiveness to others and to traditions
- Use *Introverted Sensing* to internally store specific, detailed information about people

INFP

The “**Idealist/Healer**” (NF Temperament)

- Idealistic, passionate, creative, devoted, gentle
- They are at their best when their powerful inner ideals and values find expression in their helping of people
- Value harmony, exploring, adaptability, openness
- Use *Extraverted Intuition* to approach ideas and people with a sense of curiosity and possibility

ISFP

The “**Artisan/Composer**” (SP Temperament)

- Modest, reserved, gentle, loyal, compassionate, kind
- Service-oriented, spontaneous, freedom-loving
- They are at their best when practically responding to the needs of others and living their life in accordance with their deeply held personal values
- Use *Extraverted Sensing* to focus on the immediate, practical needs of people in the world around them