

5 Heart's Desire (Sum of the vowels in the name = 5)

“The purpose of life, after all, is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experiences.” - **Eleanor Roosevelt**, American political leader and First Lady of the U.S. from 1933-1945, **5 Heart's Desire**.

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|-----------|--------------------------|----------------|------------------------|
| 2 | 17/8 | 22 | 2+8+22 = 32 and |
| $1+1 = 2$ | $5+5+1+6 = 17 = 1+7 = 8$ | $6+6+5+5 = 22$ | $3+2 = 5$ |
| 1 | 1 | 5 | 5 |
| 1 | 5 | 1 | 6 |
| 6 | 6 | 5 | 5 |
| A | N | N | A |
| E | L | E | A |
| N | O | R | R |
| O | S | E | V |
| E | L | T | 5 Heart's |
| | | | Desire |

Please note: The following **WILL BE** modified, to a greater or lesser extent, by other numbers in your chart! Other strong 5 energy elsewhere will reinforce these potentials. Weak 5 energy or conflicting numbers elsewhere will dilute these potentials (for a listing of numbers incompatible with 5, click [here](#)). Please keep this in mind.

Potential Positives

- Freedom is essential for your happiness and you truly believe that “variety is the spice of life.”
- You have an abundance of energy and a zest for living life to the fullest! You love sensory pleasure, exploration and experimentation of all forms. You are a gambler and are always willing to take a chance and try something new when you think the rewards are worth the risk.
- You have an ingenious, dynamic, quick and restless mind.
- You are progressive and unconventional, spontaneous and energetic, adventurous and versatile.
- Because of your devil-may-care, free-spirited attitude towards life you are very charming, magnetic and attractive to the opposite sex. This can help you in many ways in our image-conscious culture.
- You have strong, passionate feelings which you like to act upon spontaneously in the moment. This allows you to live life in the present (but be careful those feelings don't get you into trouble!).
- You love surprises, unexpected happenings and anything unusual or exciting. Because of this vibration in the Heart's Desire most 5s do experience many changes and unusual events in their lives.
- You love to travel to exotic or far away places, learn new things, and meet interesting – especially unusual – people who are original thinkers and have exciting personalities.
- You are a born communicator and very socially oriented. You have a sharp, curious mind and a natural facility with words. Not surprisingly you are a friendly, enthusiastic people-person.
- You inject new life into everything and everybody you meet on your journey through life.
- You are not stifled by convention and tradition and refused to be governed by standard procedures and protocol.

- You are multifaceted, original, resourceful and imaginative. You seem to thrive on constant stimulation (unless you have strong 4 energy in your chart) and enjoy being involved in lots of projects simultaneously.
- You have excellent mental and physical reflexes in a crisis.
- You are extremely flexible and can adapt quickly to any new situation. You are very fortunate to have this gift as change is the only constant in life and it doesn't threaten you like it does others.
- You seem to have an idealistic notion about wanting to "save the world." You want to be able to help everyone, which is obviously an impossible goal, but you never seem to give up trying (Martin Luther King, Jr. had a 5 Heart's Desire)!

Potential Negatives

- Because you love freedom and change so much you could be impatient, impetuous, irritable, nervous, impulsive and/or irresponsible (unless 4, 6 or 8 energy is strong in your chart).
- You abhor routine, monotony, and details. You could have difficulty with a great deal of responsibility placed upon you (again, unless you have the numbers 4, 6 or 8 strong in your chart).
- You may jump from one interest to another, one activity to another without relishing each one.
- Since you love sensory pleasure and self-discipline is not your strong suit, you must be careful not to overindulge your senses (common forms: alcohol, food, sex, drugs, smoking). Exercise is one way to dissipate some of your excess energy and restlessness and is a form of self-discipline too.
- You have a restless mind which makes it hard for you to concentrate for long periods of time.
- You don't like to be tied down which can make committing to a relationship difficult (unless you have strong 2, 4 or 6 energy in your chart also).
- You could be unable to wait or persevere in anything; you can quickly lose interest.
- You may never have any inner peace because your mind is constantly running 24/7.
- If worked up in a frenzy, you might even be aggressive, rebellious and quarrelsome (unless some more self-controlled numbers like 4 and 7 also exist in your chart to offset this tendency).
- In your desire to save the world you often make promises that you can't possibly keep. Deep down, you really want to please everyone. For someone as progressive, daring and dynamic as you are it would be hard for others to believe that inside you actually are quite timid and just want to be liked.

Some famous people with a 5 Heart's Desire (from the birth name in parentheses)

Jimmy Stewart (James Maitland Stewart), film and stage actor

Jerry Seinfeld (Jerome Seinfeld), comedian, actor and writer

Bob Dylan (Robert Allen Zimmerman), American singer-songwriter, author, poet, and painter

Paramahansa Yogananda (Mukunda Lal Ghosh), founder of the Self-Realization Fellowship and author

Norman Vincent Peale (Norman Vincent Peale), author, professional speaker and minister

Meg Ryan (Margaret Mary Emily Anne Hyra), film actress

Ringo Starr (Richard Starkey), English singer-songwriter and former member of the Beatles

Cher (Cherilyn Sarkisian), singer-songwriter, actress, director, and record producer

John Lennon (John Winston Lennon), rock musician, singer and songwriter, former member of the Beatles

Alfred Hitchcock (Alfred Joseph Hitchcock), British filmmaker and producer

Sean Penn (Sean Justin Penn), American film actor

Bob Hope (Leslie Townes Hope), comedian and actor

George Washington, first President of the United States

Martin Luther King, Jr. (Michael Luther King), clergyman, activist and leader of the civil rights movement